

## THE PRINCE WILLIAM AWARD SESSION REPORT

<b>SCHOOL:</b> The Slindon CofE Primary School	<b>PROGRAMME:</b> SPA
<b>YEAR GROUP/COHORT:</b> Years 5/6	<b>NUMBER OF STUDENTS:</b> 19
<b>INSTRUCTOR(S):</b> Rob Mayne	<b>LINK TEACHER(S):</b> F Tully
<b>TA/TEACHER SUPPORTING THIS WEEK'S SESSION</b> F Tully	<b>SESSION NUMBER:</b> 4

**SUMMARY OF SESSION:** First Aid

**Objective:**

- To continue to develop teamwork skills during First Aid and focusing choking and how to put a bandage on.

**Key Themes:**

- Teamwork
- Caring and Sharing
- Personal development
- Listening

**Activities:**

- I asked Ceitidh and Charlotte completed the register for me. Robyn reminded Morgan of the excellent teamwork skills she has shown this week. The class also told me who they had shown the recovery position to.
- Everyone seemed in high spirits as we revisited our previous session. I asked the class to get into pairs and place each other in the recovery position next to a table – to make it more challenging. We then moved into the hall to practice CPR. A very confident Lilija volunteered to demonstrate to everyone the primary survey and CPR. It was super to watch her complete the whole sequence without any prompts and she received a well-deserved round of applause.
- Linking with CPR the class watched a video to demonstrate how to use and A.E.D. It nice to hear the majority of them know that the closest one is across the road in the shop.
- One of the main subjects today was dealing with a casualty that is choking. After watching a video, I wrote on the board the way a first aider delivers the correct treatment. Back in the hall everyone practiced on the mannequins. Marcus was one of the first to grasp the abdominal thrusts. Divided into pairs the class practiced on each other (without hitting each other's backs).
- Our second activity was dealing with a casualty that has severe bleeding. I demonstrated to the class how to apply a dressing before they practiced on each other. We started with arms before applying it on our head. Daisy was very quick to master the skill as she put it onto James's arm. Charlotte applied the dressing to Oscars head neatly. Karl was brave to ask for help with his. Next week as part of revision we will aim to dress someone as a mummy with bandages.

6. Because of their super efforts this morning we went outside to play a team game. This helped with listening, resilience and trust skills. Our game was called Bag a Ball. The idea was to pass the ball between their team and finally to their teammate who was stood with a bucket ready to catch it. Team 1 were the eventual winners. Everyone shook hands as we made our way back into the class to hand out the star award trophy.

**Notes:**

- ❖ It was a great session again and I look forward to seeing everyone in a week.

**STUDENTS ABSENT:** Kyla

**COMMENDATIONS/MERITS/PRAISE POINTS ETC:**

**Lilija** was star of the session. Her highlight demonstrating the primary survey in front of the high class without any hints. She maintained this confidence throughout the session as she was quick to put a bandage on and help a 'choking casualty'. Lilija was full of energy as we finished off the morning with a team activity.

**Oscar** was resilient as he remained focused from start to finish after picking up an injury before the start of school. He played a key role in helping his team during our final game.

**Ciaran** was eager to start all of the practical exercises in the hall and showed teamwork qualities as he passed the ball to a lot of his teammates.

Despite having an injury **Emmie** was motivated and attempted every activity today. Well done Emmie super session.

**ISSUES, CONCERNS:**

**LOOKING AHEAD:** Session 5 depends on the weather but we aim to start the survival phase of the course.

**REPORT COMPILED BY:**

Rob Mayne

**DATE:** 21.03.19

**PHOTO EVIDENCE:**



Lilija was showed a lot of confidence as she demonstarted in front of the whole class how to perform

the primary surbey and CPR. Very impressive:







