

Week one

3rd May, 24th May, 14th June, 5th July

Monday

Italian Chicken & Rice
Diced chicken in an Italian style tomato sauce, with long grain rice

on the side...
Green Beans
Salad

Veggie Balls & Rice V
Vegetarian balls in a tomato sauce with long grain rice

for dessert...
Yoghurt & Granola
Fruit Salad

Jacket Potato with Tuna & Cucumber Mayo

Tuesday

Sausage & Mash
Pork sausages with mash & gravy

on the side...
Carrots & Sweetcorn
Salad

Veggie Sausage & Mash V
Quorn sausages with mash & gravy

for dessert...
Melon & Orange
Cocktail
Fruit Salad

Jacket Potato with Cheese V

Wednesday

Roast Turkey, Roast Potatoes & Gravy
Sliced turkey & gravy

on the side...
Seasonal Vegetables

Cauliflower Bake & Roast Potatoes V
Cauliflower & Potato in a cheese sauce

for dessert...
Oat & Honey
Shortbread
Fruit Salad

Jacket Potato with Baked Beans V

Thursday

Beef Bolognese
Pasta in a traditional sauce

on the side...
Mixed Vegetables
Salad

Cheese & Tomato Pizza V
Cheese & tomato on a wholemeal pizza base with pasta

for dessert...
Apple & Mango Drizzle
Cake
Fruit Salad

Jacket Potato with Coleslaw

Friday

Breaded Fish & Chips
Breaded fish fillet

on the side...
Baked Beans
Salad

Dippers & Chips V
Quorn dippers in breadcrumbs

for dessert...
Gingerbread Cookie
Fruit Salad

Jacket Potato with Cheese V

Week two

19th April, 10th May, 31st May, 21st June, 12th July

Chicken Tikka & Rice
Diced chicken in a mild sauce with long grain rice

on the side...
Peas & Sweetcorn
Salad

Macaroni Cheese V
Macaroni pasta in a creamy cheese sauce

for dessert...
Muesli Flapjack
Fruit Salad

Jacket Potato with Tuna & Cucumber Mayo

Chicken & Chips
Roasted chicken breast

on the side...
Green Beans
Salad

Cheese Omelette & Chips V
Cheesy egg omelette

for dessert...
Banana Marble
Cake & Custard
Fruit Salad

Jacket Potato with Salmon Mayo

Roast Ham, Roast Potatoes & Gravy
Sliced gammon & gravy

on the side...
Seasonal vegetables

Roast Quorn, Roast Potatoes & Gravy V
Quorn fillet & Gravy

for dessert...
Melon & Orange
Cocktail
Fruit salad

Jacket Potato with Baked Beans V

Chicken Pasta
Diced chicken in a creamy pasta sauce

on the side...
Mixed vegetables
Salad

Cheese & Tomato Pizza V
Cheese & tomato on a wholemeal pizza base

for dessert...
Gingerbread Cookie
Fruit salad

Jacket Potato with Coleslaw

Breaded Fish & Mashed Potato
Breaded fish fillet

on the side...
Baked beans
Salad

Veggie Sausage & Mashed Potato V
Quorn sausages

for dessert...
Yoghurt & Fruit Slices
Fruit salad

Jacket Potato with Cheese V

Week three

£2.35

26th April, 17th May, 7th June, 28th June, 19th July

Chicken Korma & Rice
Diced chicken in a creamy sauce with long grain rice

on the side...
Mixed Vegetables
Salad

Cheese & Tomato Pizza V
Cheese & tomato on a wholemeal pizza base with pasta

for dessert...
Apple & Mango
Drizzle Cake
Fruit Salad

Jacket Potato with Cheese V

Meatballs & Pasta
Beef meatballs in a tomato sauce

on the side...
Green Beans
Salad

Macaroni Cheese
Macaroni pasta in a creamy cheese sauce

for dessert...
Oat & Honey
Shortbread
Fruit Salad

Jacket Potato with Baked Beans V

Roast Chicken, Roast Potatoes & Gravy
Chicken breast in gravy

on the side...
Seasonal Vegetables

Quorn Sausage & Bean Hotpot with Roast Potatoes V
Vegetarian sausages in a bean & tomato sauce

for dessert...
Melon & Orange
Cocktail
Fruit Salad

Jacket Potato with Coleslaw

Ham Pasta
Sliced ham in a creamy pasta sauce

on the side...
Peas & Sweetcorn
Salad

Omelette & New Potatoes V
Plain egg omelette

for dessert...
Yoghurt & Fruit Slices
Fruit Salad

Jacket Potato with Baked Beans V

Breaded Fish & Chips
Breaded fish fillet

on the side...
Baked Beans
Salad

Quorn Burger in a Bun & Chips V
Quorn burger in a bun with optional ketchup

for dessert...
Banana Marble Cake
& Custard
Fruit Salad

Jacket Potato with Cheese V

