



About the Support PRINCE'S AWARD

- Supported by Standard Life Charitable Trust
- The SkillForce Prince's Award, supported by our Royal Patron, HRH The Duke of Cambridge is unique
- > It is designed to help encourage vital qualities such as confidence, resilience, leadership and team work skills
- The programme promotes enjoyment through learning and ensures students acquire skills for life
- > It's special because it is delivered by predominantly ex-service personnel, experienced in working with young people



> How does it work?

The award is aimed at 9 to 14 year olds and is particularly, though not exclusively, suited to:

- > Young people at key transition points such as moving from Primary to Secondary school
- > Students who would benefit from additional support to build confidence and life skills
- > The award can be taken over a 12-week or 18-week period.
- The 18-week course covers the same elements as the 12-week plus covers areas such as social action and leadership skills
- Students are coached by our inspiring 'complementary role models' who understand what it takes to build teams, solve problems, succeed and lead
- Learners complete a log book to record and reflect on their achievements. This is a key part of learning to support greater self-awareness

> What is included?

- > Problem-solving challenges
- > Team building
- > Navigation skills
- > First Aid training
- Social action project
- > Projects on remembrance and respect
- > Team sports

> Impact

Through this innovative programme participants gain a range of valuable life skills that can help them to navigate their own paths, feel proud and more able to embrace life's opportunities. Students also gain Nationally recognised awards in First Aid and Navigation, plus the SkillForce Prince's Award Certificate.



> What do the students say:

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We have become more resilient when difficulties arise and most importantly we are now able to work effectively with others.

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SkillForce has inspired me. It has taught me to work with others, not just my friends. I love SkillForce because you learn by having fun and I have learnt a lot without realising.



> About SkillForce

SkillForce is a national education charity that champions resilience, confidence and good character as fundamental to the education and future success of young people. We want to dare young people to be their best selves – resilient, confident and ready for life's challenges and opportunities. SkillForce was founded in 2000, and became a charity in 2004 and has helped over 60,000 young people to feel more able to face the challenges of growing up in an increasingly complex society.

Our mission is to use the knowledge, skills and experience of predominantly former Service instructors to establish the Prince William Award as the recognised sector-leading character and resilience programme in partnership with schools. SkillForce believes that a positive set of moral values is core to children and young people developing a strong and comfortable sense of self.

The charity itself will also embrace these values, encouraging staff, partners and supporters to be their best selves



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For me, what is most innovative about SkillForce is the way in which, using some of the most positive role models in society, it encourages self-discipline and respect for one another, old fashioned qualities which are needed ever more today.

HRH The Duke of Cambridge KG KT

"The children talk to us about being more resilient, about persevering, being more courageous to have a go and to keep on trying even if they are not successful the first time round. All of those skills prepare them for that learning journey for the rest of their life."

Ashley Best-White, Executive Headteacher, The Nebula Partnership, Norwich

> To discuss how the SkillForce Prince's Award could meet your requirements, get in touch:

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